

June rd Haw Ridge Park Oak Ridge TN

HAW RIDGE 2nd Annual X-Country Challenge



Life Development Center
PO Box 570
Clinton TN 37717

Entry Form

Name: _____
Address: _____
City/State: _____
Zip: _____
Phone: _____
Email: _____
NORBA License & expiration date _____

Age (as of _____): _____
Emergency Contact & Phone _____

T Shirt Size: S ___ M ___ L ___ XL ___
(Race T Shirt for pre registered riders
registration received by _____)

Rider Classification: (check one)

Men: Senior Expert ___

Master Expert ___

Master Sport ___

Senior Sport ___

Master Sport ___

Masters ___

Beginner ___

Junior Expert ___

Junior and up ___

Junior and under ___

Clydesdales (___ lbs) ___

Singlespeeds ___

Women:

Expert ___

Senior Sport ___

Sport Masters ___

Beginner ___

The race director has the right to combine or split classes based on participants
All riders must present a current NORBA License and sign a Standard Athlete's Entry Form

If under _____ signature of parent or guardian is also required

A NORBA License may be obtained on site One day licenses will available for Beginners

All riders are required to wear an ANSI or Snell approved helmet during the race

Send Entry fee of _____ per racer payable to:

Life Development Center

PO Box

Clinton TN

WHAT:

On Sunday June 17th at 8:00 AM come ride the tight twisting singletrack of Haw Ridge Park in Oak Ridge TN. Haw Ridge has been the site of the legendary 100 Hours of the Hill of Truth Race for the past 20 years and last year's inaugural X Country Challenge mountain bike race. Proceeds from this race benefit the Life Development Center, an agency providing outdoor adventure activities to troubled youth and alcohol/drug dependent adults, and Friends of Haw Ridge, a non profit group advocating and protecting this beautiful pocket wilderness area.

WHERE:

From Knoxville:

From I-75 westbound take exit 254A (Pellissippi Parkway/Highway 125N). Proceed north on Rt 125 for 10 miles. Watch for Rt 125 merging in from right. Stay left into Solway community. Cross Clinch River. Take first exit to the right over the bridge (Edgemoor Rd) follow Edgemoor for approximately 1/2 miles. Turn Right onto first black top road. You will see signs for Haw Ridge Park and Life Development Center on Right side of Edgemoor. The black top road is directly across from the entrance to Centennial Golf Course. Follow black top road until you reach the end (approx 1/2 mile). You will see the race registration in the field on your left. Park as far off the road as possible as the race will use this short stretch of pavement.



Highland Adventures
Guide Service LLC
 (865) 609-8282
 HA652000@excite.com

The Race Course:

Each lap is approximately 1.5 to 2 miles singletrack quite technical. For a map of the course go to <http://www.cs.utk.edu/~dunigan/mtnbike/norba.html>

Race Start Times

- : 8:00 AM Experts 1 Lap
- : 8:30 AM Sport Women Juniors 1 Lap
- : 9:00 AM Beginners 1 Lap

Prize List:

- All Experts 1st place payback
- Sport Women Merchandise
- Juniors Beginners Medals

Contact:

Race Directors:
 John Baker Highland Adventures
 Guide Service
<http://www.highlandadventures.com>
 jtbroad@hotmail.com
 (865) 609-8282
 Kent Bailey Director
 Life Development Center
 ldc@icx.net
 (865) 609-8282



NORBA permit Pending

Life Development Center
 "growth through adventure"
 (865) 482-7375

Our thanks to these fine establishments for their sponsorship:

